FEBRUARY MEETING

TENTATIVE AGENDA

February 9-11, 2011
Doubletree Worthington
Columbus, Ohio

Wednesday, February 9

10:00 a.m. to 4:00 p.m.	**Health, Disabilities and Education Advisory Board**
10:00 a.m. to 4:00 p.m.	**Social Services Advisory Board**
11:00 a.m. to 1:00 p.m.	**Executive Board Meeting**
12:00 p.m. to 5:00 p.m.	**OHSAI Board Luncheon and Meeting**

Thursday, February 10

9:00 a.m. to 12:00 p.m. **Concurrent Sessions**

Leadership and Human Resources: Areas of Concern in Head Start Employment

As we move into the timeframe of great accountability in Head Start, the importance of hiring, retaining and training highly competent and committed staff is a key element. Again and again, programs raise concerns about staff members who are not motivated, who are not committed to the program, who have "quit and stayed" and who are toxic and problematic – and yet they continue to stay and collect a paycheck. In this session we will look at a number of issues that are of major importance in Head Start human resources – organization staffing patterns; appropriate job descriptions; evaluation systems; and wage structure. We will also discuss the issues of unionization within Head Start programs.

Healthy Habits Part 3: Healthy Growing: Body, Mind, and in the Classroom*

Adults are powerful role models. They can promote positive body image and encourage the creation of self esteem in children. Participants will discuss what constitutes a healthy body weight for children. Ideas for healthy growing will be further explored through discussion of how healthy food can be grown in child care settings. Participants will learn how to link Early Learning Content Standards to classroom gardening activities.

This session is the third in a series of four sessions that are being offered at OHSAI meetings through this program year. Participants must attend all four sessions to receive SUTQ credit. These sessions are part of the requirement to apply for Ohio Healthy Program status.

Understanding the CLASS Framework

Lourdes Lambert, Teachstone, Inc.

This presentation will provide an overview of the Classroom Assessment Scoring System including the research that validates the instrument as well as the domains, dimensions, indicators and behavioral markers that comprise the instrument. Participants will discuss strategies to utilize the CLASS instrument as a professional development tool with teachers. This session will also provide the opportunity to get your questions answered by a CLASS expert.

This session will be submitted for SUTQ Specialized Training Approval

The Role of Temperament in Development from Infancy to Adulthood

Linda Barker, Council on Rural Services Programs

Right from the start babies and individuals are different. We will explore how our own temperament impacts how well we work with children and the adults around us. Each of us is born with a uniqueness of temperament. These differences are clearly visible in the first few months of life but change little as we grow and develop into adults. The environment surrounding us influences this; this means both the natural environment as well as the emotional one. We will learn how to meet each child's unique needs as well as our own. You will have the opportunity to explore and better understand a specific child that you work with, while at the same time learn more about your own needs as well as those of co-workers.

As adults we can learn to adapt and change, but our basic temperament remains the same.

Participants of this workshop will learn about the different temperament styles and how to effectively use that knowledge with others. This will be a totally interactive workshop, so come prepared to learn about others, yourself and to have fun.

Nursery Rhymes Can Teach a Lot! A Session for Parents

Shelly Matijevich, Lima/Allen Council on Community Affairs

Nursery rhymes play an important role in children's lives and for many children, nursery rhymes are the very first songs and stories that they learn. Nursery rhymes stimulate memory, improve language skills, develop appreciation for music, enrich vocabulary, develop phonemic awareness, encourage thinking skills.....and .....**they are fun!** This workshop will help participants learn how to teach children the connection between nursery rhymes and learning to read, and participants will leave the workshop with lots of ideas for wonderful activities to experience the joy of song and rhyme.

Ethical Considerations When Working with Children and Families

Suzanne Prescott, M.Ed., LSW, Prenatal to Three Programs Director for Butler County Educational Service Center, and Sharon Custer, MSW, LISW-S, Director of Community Wraparound

Participants will be provided with an overview of ethical principles, values, and professional responsibilities when working with children and families. This interactive session will include opportunities to utilize an ethical decision making process for complex practices and dilemmas. In addition, participants will understand how technological advances, including social networking, can impact professional practice and create new ethical considerations.

3.0 Social Work/Counselor CEUs awarded by the State of Ohio Counselor, Social Worker and MFT Board and are provide by the Butler County Educational Service Center; Approval RSX05091/RCX051001.

12:00 p.m. to 1:00 p.m. **Luncheon**

1:00 p.m. to 2:15 p.m. **General Session**

Federal and Regional Updates
- Office of Head Start Reorganization
- Performance Standards and Recompetition Updates

Kay Willmoth, Region V ACF, invited

Report from NHSA Leadership Meeting and Legislative Visits
Barbara Haxton, OHSAI

2:15 p.m. to 4:15 p.m. **Affiliate Meetings and Elections**

Director Affiliate
Discussion of the CLASS – Separating Fact from Fiction
Leadership 2011 and the Politics of Head Start and Early Childhood Education
- Implications of Federal and State Changes
- Update from NHSA and Hill Visits

Staff Affiliate
Defining "Family Engagement"

Parent Affiliate
Storytelling

Friend Affiliate

Friday, February 11

8:15 a.m. to 8:45 a.m. **District Meetings and Elections**

8:45 a.m. to 11:15 a.m. **Roundtable Meetings**

Directors

Ohio's Center of Excellence and Conscious Discipline

Reports from four Grantees that have Received On-Site Reviews in 2010

Grantee representatives will discuss how the review process was handled, the team composition and quality, review preparations, and the overall tone of the review. They will also share findings (if any) and whether or not they were justified, along with other impressions and observations of their review experience.

Early Head Start

Problem Solving, Aggression and the Media Influence

Joy Miller, Consultant

The ability to get along with others and work together starts developing in infancy and adults can implement strategies to build crucial social skills early in life. Participants will gain information and skills to support their work with infants and toddlers and their families.

Nutrition

Healthy Programs Project:

Session 2: Healthy Menus (SUTQ Approved)

Target Audience: Menu Planners or Administrators

This session focuses on planning a healthy menu. Participants will plan, create and evaluate sample or current menus. Participants will discuss ideas on how to make menus healthier on a budget. Tips will be given to ensure variety and balance.

This session is part of the requirement to apply for Ohio Healthy Program status.

Parents AND Family and Community Partnerships

Father Involvement Issues

J. Tracey Robinson, Executive Director; Ohio Commission on Fatherhood

Participants will discuss the importance of father involvement in healthy child development, examine strategies to increase your organization's capacity to engage fathers and identify resources to support father involvement.

Health/Disabilities

Current Issues Q & A

This session will provide an opportunity for Health/Disabilities professionals to discuss pressing issues in a supportive group environment. Come prepared with your questions.

Education

Conscious Discipline

Renee Sutherland, Knox County Head Start, Center of Excellence

Participants will discuss Conscious Discipline, its use as a classroom and behavior management tool, the benefits of implementing Conscious Discipline, and the plans for the Center of Excellence Grant and the opportunities that will be available to Ohio Head Start programs.

11:15 a.m. to 12:45 p.m.

Brunch Buffet and General Session

Ohio Early Childhood Updates

The Center, The Council, New Rules… and the Road Ahead

Alicia Leatherman, Director, Early Childhood Cabinet, Confirmed

IACET CEUs will be available for approved sessions at this event.

THE OHIO HEAD START ASSOCIATION

Registration for: **OHSAI Regular February Meeting**
February 10 & 11, 2011

Agency/Organization_____

Address_____

City_____**State**_____**Zip Code**_____

Phone_____**Fax**_____**Email**_____

Please list participant names below (duplicate form if necessary)

Name	**Role** Director (D) Staff (S) Parent (P) Friend (F)	**Days Attending** Th Fr B (both)
1._____	_____	_____
2._____	_____	_____
3._____	_____	_____
4._____	_____	_____
5._____	_____	_____
6._____	_____	_____

Registration Rates:

Member	**Member On-site**	**Non-Member**	**Non-Member On-Site**
$125.00 both days	$150.00 both days	$150.00 both days	$200.00 both days
$ 75.00 one day	$100.00 one day	$100.00 one day	$125.00 one day

Deadline for Registration: **Wednesday, February 2, 2011**
OHSAI strives to have as many attendees as possible pre-registered and paid. If payment cannot be made by the deadline, please forward a purchase order. If a registration must be cancelled, please do so seven (7) working days prior to the training. OHSAI does not refund registration fees but alternate participants may attend.

Late Fees: **$25.00**
Registrations received after the deadline listed above will be assessed a late fee of $25.00 per person.

☐ **Check enclosed made payable to the Ohio Head Start Association, Inc. (OHSAI)**
☐ **PO enclosed** **PO#**_____

Received in OHSAI Office_____Check#_____Check Date_____Amount Received_____

The Ohio Head Start Association, Inc. □ 144 Westpark Road, Dayton, OH 45459
937/435-1113 Fax: 937/435-5411 www.ohsai.org

HOTEL INFORMATION

Hotel Reservations should be made directly to

DOUBLETREE®

Doubletree Hotel Columbus/Worthington
175 Hutchinson Avenue
Columbus, Ohio 43235
614-885-3334
1-800-870-0349
http://doubletree.hilton.com/en/dt/groups/personalized/CMHWNDT-OHH-20110209/index.jhtml?WT.mc_id=POG

Rates: $100.00 Single/Double

Deadline for registration at these rates is

Wednesday, January 19, 2011

Please call in ASAP with your reservations

THE OHIO HEAD START ASSOCIATION

Registration for: Health/Disabilities/Education or Social Services Advisory Board Committee Meetings

Wednesday, February 9, 2011

Agency/Organization_____

Address_____

City/State/Zip_____

Contact Phone_____**Contact Email**_____

Please list participant names below (duplicate form if necessary) and indicate which session you will attend

Name	Role	H/D/E or SS
1._____	_____	_____
2._____	_____	_____
3._____	_____	_____
4._____	_____	_____

Registration Fee: **$25.00**
Deadline for Registration: **Wednesday, February 2, 2011**

☐ **Check enclosed made payable to the Ohio Head Start Association, Inc. (OHSAI)**

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Participating in Ohio's Healthy Programs

Childhood obesity has become a state and national concern. It is important that child care settings advocate healthy lifestyles and positive choices. **Ohio's Healthy Programs** project promotes health and wellness in child care settings through enrollment in this project. Child care programs which wish to participate will receive training on wellness and obesity prevention, technical assistance on the project if desired, sample policies and menus, nutrition materials, activity cards, a health and wellness toolkit and more!

Child care programs will be able to apply for Ohio's Healthy Program status by:

<table>
<tr><th>Application Steps</th><th>Application Requirements</th></tr>
<tr><td>Attending the SUTQ-approved training, Healthy Children, Healthy Weights now being offered statewide by Healthy Child Care Ohio as well as the child care resource and referral system</td><td>One staff person from each age level represented in the program must attend all of the parts of the Session 1 HCHW training. The administrator must attend the Healthy Policy training (Session 3) and if there is a staff cook they should attend the Healthy Menus training (Session 2).</td></tr>
<tr><td colspan="2">OHSAI will be hosting Healthy Children, Healthy Weights training during the 2010-2011 program year at the Regular OHSAI meetings as well as June Conference as follows:

<u>Session 1: Healthy Habits</u>
Target Audience: Classroom Teachers. All four sessions must be completed to receive SUTQ credit.
Part 1: Healthy Activity, October OHSAI Meeting
Part 2: Healthy Eating and Feeding, December OHSAI Meeting
Part 3: Healthy Growing: Body, Mind and in the Classroom, February OHSAI Meeting
Part 4: Health Families: Parent Engagement, April OHSAI Meeting

<u>Session 2: Healthy Menus</u> OHSAI February Meeting
Target Audience: Menu Planners or Administrators

<u>Session 3: Healthy Policies</u> OHSAI June Conference
Target Audience: Program Administrators</td></tr>
<tr><td>Implementing a policy to ensure healthy practices are maintained in the program</td><td>Program policy will need to be submitted with the application. Attendance at the Healthy Policies session will assist administrators with creation of a program policy.</td></tr>
<tr><td>Demonstrating an improvement in menus for the children</td><td>Menus will need to show improvement by:
Offering a different vegetable each day in a 5-day period
Offering a different fruit per day in a 5-day period (juice not counted)
Offering a whole grain food per day
Providing lower fat milk for classrooms with children 2 years of age and older</td></tr>
<tr><td>Including parents in the program such as providing bulletin boards, healthy articles in newsletters, cooking activities, meetings on the topic, etc.</td><td>Programs will need to submit at least one strategy for how parent participation for the project was achieved.</td></tr>
</table>

Who Can Apply?

Any program in Ohio serving young children including **centers** and **family child care** programs can apply. Status will be granted with the award of a framed certificate the first year with additional renewal options offered annually.

How Can My Program Apply?

An application process is available using the Ohio Professional Development Network Registry at www.OPDN.org. The four steps as outlined will be part of the application process. Programs applying for status will need to ensure the appropriate number of staff members have received training. If the training has been taken through the Registry, then actual documentation will not need to be taken. Administrators should be ready to upload their policies and improved menus at the time of application.

Technical assistance on the project will be available to programs after August, 2010.

Ohio's Healthy Programs Projects is managed by OCCRRA through funding provided by the Ohio Department of Health. *The *Healthy Children, Healthy Weights* curriculum is provided through a cooperative agreement with Columbus Public Health.