



Ohio Head Start Association Social Work Conference

# Effective Family Services

## Understanding Families and Building Skills

March 16-18, 2011

Embassy Suites Dublin, Columbus, Ohio

### CONFERENCE OBJECTIVES:

Head Start Family Services staff must possess an understanding of family dynamics and apply expert skills in engaging and partnering with families. Highly qualified presenters from diverse areas of academia and social service will help participants understand the unique issues faced by the families we serve, and engage participants in strategies to improve their professional practice. The conference will include a focus on the role of Family Services staff as a team member and the keys to effective supervision and building strong teams.

### WHO SHOULD ATTEND:

Individuals who work closely with families and children, especially those who are responsible for assisting families in achieving goals. Family Services Staff and Home Visitors will particularly benefit from this conference.

### CONTINUING EDUCATION UNITS:

All content has been submitted to the Ohio Board of Counseling and Social Work for CEU approval. IACET Continuing Education Units will be available. Cost of CEUs is included in registration fee.

### CONFERENCE SCHEDULE

<i>Wednesday, March 16</i>	<i>Thursday, March 17</i>	<i>Friday, March 18</i>
9:30 am to 11:00 am <b>Registration</b>	8:30 am to 12:00 pm <b>Concurrent Sessions</b>	8:30 am to 12:00 pm <b>Concurrent Sessions</b>
11:00 am to 12:00 pm <b>Keynote Address</b>	12:00 pm to 1:00 pm <b>Lunch on your own</b>	12:00 pm to 12:45 pm <b>Luncheon</b>
12:00 pm to 1:00 pm <b>Luncheon</b>	1:00 pm to 4:30 pm <b>Concurrent Sessions</b>	12:45 pm to 2:00 pm <b>Keynote Address</b>
1:00 pm to 4:30 pm <b>Concurrent Sessions</b>		

## Wednesday, March 16

11:00 am to 12:00 pm

### General Session:

#### **SOCIAL POLICY AND LEGISLATION, AND WHAT THEY MEAN FOR OHIO'S LOW INCOME FAMILIES**

*State Senator Capri Cafaro*

The Keynote Address will highlight Ohio's current social, cultural and political climate and how it impacts low income families. Participants will come to understand their role in this climate and how as individual professionals we are not only 'helpers,' but also advocates. Social workers can make far-reaching changes in the community by advocating for laws, policies, and practices that promote our professional values, ethics, and principles.

12:00 pm to 1:00 pm

### Luncheon

1:00 pm to 4:30 pm

### Breakout Sessions

#### **INTERVIEWING AND DOCUMENTATION**

*Shari Shiepis, Stark State College*

This session will focus on the assessment and documentation processes practiced in the human services field. Participants will practice focused and group interviewing skills and examine principles and practices relating to the case management process. There will be a particular focus on the proper way to write measureable goals for case planning purposes.

#### **ETHICS: THE VALUES OF SOCIAL WORK PRACTICE; A Case Analysis Workgroup**

*Mylo G Jennings, Ph.D. and David Browning, M.Ed.*

This workshop is designed to provide participants with the opportunity to explore the ethics and values related to social work, social welfare, and human services practice. The presentation and activities are designed to integrate theory and practice through reviewing ethical dilemmas through actual case analysis. The main objective is to classify value conflicts and the dilemmas of ethical decision-making.

*This session will be repeated on Thursday morning.*

#### **THERE'S NO EXCUSE FOR ABUSE! STEWARDS OF CHILDREN CURRICULUM**

*Dawn Cazzolli, Ohio Network of Children's Advocacy Centers*

We make sure our children are in car seats and seat belts. We walk them across busy streets. All to keep them safe. And yet, when it comes to the crime of sexual abuse, we often grow silent. This session will help you find the words to have the conversation every family needs to be safe and empowered. The 7 steps to protecting children is a revolutionary sexual abuse prevention training program that educates adults to prevent, recognize, and react responsibly to child sexual abuse and motivates them to courageous action. The Stewards of Children program is designed for organizations that serve children and youth, and any/all adults interested in protecting children.

#### **UNDERSTANDING THE CULTURE OF POVERTY**

*Brian Moore, Stark State College*

This session will be an examination of the social, cultural, organizational, and political factors related to poverty in the U.S. and their impact on social service programs. Social and personal dimensions of life and poverty in urban and rural areas will be discussed. Participants will explore the factors that define poverty, discuss assumptions society makes about poverty, and examine their understanding of the influence of poverty and minority issues on developmental aspects of human behavior in diverse populations, particularly at-risk, vulnerable and oppressed groups, including age, class, color, culture, disability, ethnicity, family structure, gender, marital status, national origin, race, religion, sex, and sexual orientation.

## Thursday, March 17

8:30 am to 12:00 pm

### Concurrent Sessions

#### **ETHICS: THE VALUES OF SOCIAL WORK PRACTICE; A Case Analysis Workgroup**

*Mylo G Jennings, Ph.D. and David Browning, M.Ed.*

*This is a repeat of the Wednesday afternoon session.*

## **SUPERVISION AND GROUP DYNAMICS**

*Brian Moore and Shari Shiepis, Stark State College*

Participants will explore supervision skills along with team structure and interaction, with emphasis on personal insight into how the individual is affected by and influences the team building process and supervision. Facilitation of team-building and factors that impede/enhance group development supervision effectiveness will also be examined.

## **BLEEDING HEART OR PURPLE HEART: ASSESSING PARENTING STYLES AND BASIC PARENTING EDUCATION**

*Brian Lowery, LSW, MPA*

This session is designed to equip professionals to transmit information to parents and caregivers about realistic expectations for their children's behavior. This workshop explores models of effective parenting including STEP, PET & Behavior Modification. Special emphasis will be given to assessing parenting styles and applying discipline strategies and parenting techniques appropriate to the child's developmental level and individual needs. Concrete strategies will be shared on how to help parents tackle the many challenges of parenting in today's world.

## **UNDERSTANDING AND APPLYING PRINCIPLES OF EMOTIONAL INTELLIGENCE**

*Les Helms, Columbus State Community College*

There is considerable research indicating that a person's level of emotional intelligence (their EQ) is a better predictor of career and personal success than IQ or anything else. People with higher EQ's also handle stress much better and are less likely to develop stress related illnesses. Unlike other forms of intelligence EQ is not fixed. It is possible to develop a higher level of emotional intelligence at any point in life. This workshop covers both the physiological and psychological basis of emotional intelligence and how to increase your EQ. Come learn how to be intelligent about your emotions and better understand your co-workers and clients.

1:00 pm to 4:30 pm

### **Concurrent Sessions**

## **WHAT YOU DON'T KNOW CAN HURT YOU!**

### **CULTURAL COMPETENCE AND WORK WITH FAMILIES**

*Roselin Runnels, Mental Health and Recovery Board of Clark, Green and Madison Counties*

Cultural competence refers to an ability to interact effectively with people of different cultures. This workshop identifies and explains the building blocks of difference, particularly as this relates to power relationships in society. Participants will engage in experiential learning through sculpting family and community scenarios. There will be an opportunity to match various aspects of cultural expression with families served through Head Start.

## **MOTIVATIONAL INTERVIEWING: PREPARING CLIENTS FOR CHANGE**

*Brian Lowery, LSW, MPA*

Caseworkers are frequently challenged by parent's lack of motivation to change negative behaviors, which have contributed to maltreatment of children. This is particularly true in the case of caregivers who are struggling with substance use disorders. *Motivational Interviewing* is an evidence based counseling style which adopts a brief intervention format, using critical elements that serve as catalysts for motivation and change. MI addresses how to strengthen client intrinsic motivation to change and reduce ambivalence. This class serves as an introduction to MI and gives trainees the basic tools necessary to incorporate this intervention into their practice.

## **STIRRING THE FAMILY CAULDRON: WHAT HAPPENS WHEN TRAUMA IS ADDED TO THE MIX?**

*John D. Kinsel MS, LPCC-S*

Trauma touches many Head Start and Early Head Start families. This session will explore the effects of exposure to traumatic events on the social and emotional development of young children, the ways families can organize to balance vulnerability with resiliency in their children, and strategies social service staff can implement to support emotional health in the families they serve.

Thursday, March 17, 1:00pm to 4:30 pm, continued

## **IMPROVING COMMUNICATION THROUGH UNDERSTANDING**

*Les Helms, Columbus State Community College*

Do you ever wonder why some conversations flow so smoothly and others seem so difficult? Most of the misunderstandings and disagreements we have, along with the times we just can't understand the other person, have little to do with substance, but much to do with style. If we can learn to separate style from substance many of the problems and miscommunications simply disappear. Once I understand what kind of information you like to receive and in what form you like to receive it then I can modify what I'm saying to put it in a form you find readily acceptable. Obviously this improves communication greatly.

*Friday, March 18*

8:30 am to 12:00 pm

### **Breakout Sessions**

## **UNDERSTANDING MENTAL HEALTH CONCERNS IN EARLY CHILDHOOD**

*Anthony Pizzuti, P.C., N.C.C.*

This workshop is designed for adults who work or have children in early care. Participants will gain an understanding of the mental health illnesses occurring in Early Childhood that effects a child's behavior, social, and emotional development. Attendees will learn about the various types, causes & symptoms of mental health illness, how to use effective language to manage disruptive behavior concerns at home and in the classroom and will also learn at least 3 different treatment options to assist those suffering with childhood mental health illnesses.

## **LIVING IN THE SHADOWS: LATINO CULTURE**

*Gloria Rodriguez-Milord, M.S.W.*

According to the 2000 Census, the Hispanic-Latino population swelled 57.5 percent over the last decade, and now represents 13 percent of the total US population at 35.3 million. Some predict that Hispanic/Latino groups will become the nation's largest minority group even before 2010. As social service providers are we prepared to provide or deliver culturally competent services to them? Who are they? Why are they coming here? Do they have rights? Why don't they get the right papers to be here legally? Why can they get their issues resolved? How are families and children being affected by the recent raids and deportations? Are they afraid to be seen, to be recognized as Hispanics/Latinos? What are the social service agency's challenges with this segment of the population? Are there resources available in the community to assist them? These and some other topics are discussed in this much needed workshop.

## **UNDERSTANDING THE DEVELOPMENTAL IMPORTANCE OF ATTACHMENT**

*Jim Harris, MSW, Ed.S.*

Attachment is one of the most critical; yet overlooked developmental processes that affect children and families today. In this session, participants will examine research and clinical case examples to explore the developmental importance of attachment and what families and providers can do to support this critical developmental process. This session is designed to enhance the effectiveness of your work with children and families.

## **STRENGTH BASED PRACTICE**

*Wayne Floyd, LISW*

Strengths based practice is a social work practice theory that emphasizes people's self determination and strengths. Strengths based practice is client led, with a focus on future outcomes and strengths that the people bring to a problem or crisis. We are often initially overwhelmed by the problems and needs of our multi-stressed and at-risk families. We feel we have to do "something" to help them with their problems. Parents are frequently more comfortable talking about everything that is going wrong. However, we only genuinely assist parents when we help them learn how to use their own strengths to overcome life's challenges.

12:00 pm to 2:00 pm

### **Luncheon and Keynote Address**

## **FIVE THINGS YOU NEED TO KNOW ABOUT CHILDREN**

*Jim Harris, MSW, Ed.S.*

Jim will focus on some of the most common misconceptions people have about children and talk about how they affect our ability to intervene effectively. He will pay specific attention to child development, behavioral risk factors, challenging quick fix strategies, behavioral sequence, as well as relationship skills.

This keynote presentation is a great mixture of a good time and real world information.

**THE OHIO HEAD START ASSOCIATION**  
**2011 Social Work Conference**  
*Effective Family Services: Understanding Families and Building Skills*  
 March 16-18, 2011

Please list one participant per form

<p><b>Name</b> _____</p> <p><b>Agency</b> _____</p> <p><b>Address</b> _____</p> <p><b>City</b> _____</p> <p><b>State</b> _____ <b>Zip</b> _____</p> <p><b>Phone</b> _____</p> <p><b>Fax</b> _____</p> <p><b>Email</b> _____</p> <p>Please list the email you would like a confirmation sent to</p>	<p><b>Registration Rates and Deadline for Registration</b>          Included with your registration: Lunch Buffets on Wednesday and Friday, materials</p> <p><b>Member:</b> \$275.00</p> <p><b>Member On-Site:</b> \$300.00</p> <p><b>Non-Member:</b> \$350.00</p> <p><b>Non-Member On-Site:</b> \$375.00</p> <p style="text-align: center;">Please submit your Registration with payment or PO by  <b>Tuesday, March 8<sup>th</sup></b></p> <p>OHSAI strives to have as many attendees as possible pre-registered and paid. If payment cannot be made by the deadline, please forward a purchase order. If a registration must be cancelled, please do so seven (7) working days prior to the training. OHSAI does not refund registration fees but alternate participants may attend.</p> <p style="text-align: center;"><b>Late Fees: \$25.00</b></p> <p style="text-align: center;">Registrations received after the deadline listed above will be assessed a late fee of \$25.00 per person.</p>
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**Workshop Selections:**

For each time slot, place a 1 next to your first choice, and a 2 next to your second choice.

**Wednesday, March 16, 1:00pm to 4:30pm**

- Interviewing and Documentation
- Ethics: The Values of Social Work Practice
- There's No Excuse for Abuse: Stewards of Children Curriculum
- Understanding the Culture of Poverty

**Thursday, March 17, 1:00pm to 4:30pm**

- Cultural Competence and Work with Families
- Motivational Interviewing: Preparing Clients for Change
- Stirring the Family Cauldron: What Happens When Trauma is Added to the Mix?
- Improving Communication through Understanding

**Thursday, March 17, 8:30am to 12:00pm**

- Ethics: The Values of Social Work Practice
- Supervision and Group Dynamics
- Assessing Parenting Style and Basic Parenting Education
- Understanding and Applying Principles of Emotional Intelligence

**Friday, March 18, 8:30am to 12:00pm**

- Understanding Mental Health Concerns in Early Childhood
- Living in the Shadows: Latino Culture
- Understanding the Developmental Importance of Attachment
- Strength Based Practice

- Check enclosed made payable to the Ohio Head Start Association, Inc. (OHSAI)
- PO enclosed PO# \_\_\_\_\_

Received \_\_\_\_\_ Check# \_\_\_\_\_ Check Date \_\_\_\_\_ Amount Received \$ \_\_\_\_\_

The Ohio Head Start Association, Inc.      144 Westpark Road, Dayton, OH 45459  
 937.435.1113 (o)      937.435.5411 (f)      [www.ohsai.org](http://www.ohsai.org)

## *HOTEL INFORMATION*

Hotel Reservations should be made directly to



EMBASSY SUITES  
HOTELS®

Embassy Suites Columbus - Dublin

614/790-9000

Or book online at

[http://embassysuites.hilton.com/en/es/groups/personalized/C/CMHESES-OHS-20110315/index.jhtml?WT.mc\\_id=POG](http://embassysuites.hilton.com/en/es/groups/personalized/C/CMHESES-OHS-20110315/index.jhtml?WT.mc_id=POG)

Rates: \$109.99 Single/Double

Deadline for registration at these rates is  
Tuesday, February 22, 2011

**Please make reservations ASAP**