



October Quarterly Meeting

October 10-11, 2024
Marriott Northwest Columbus
5605 Blazer Parkway, Columbus, OH 43017

REGISTRATION FEES: Subscription Member: \$200 Non-Member: \$240

HOTEL RATE: \$130 (plus tax) per night; includes breakfast and Wi-Fi

[Hotel Online reservation link](#)

[CLICK HERE TO REGISTER ONLINE](#)

TENTATIVE AGENDA

Wednesday, October 9th

4:00 p.m. to 6:00 p.m. OHSAI Board Meeting

Thursday, October 10th

8:00 a.m. Registration

9:00 a.m. to 12:00 p.m. Community of Learners

The Community of Learners model is intended to facilitate meaningful and intentional networking, sharing, and learning among and between peers working in a common field.

****Data COL will NOT be meeting at the October Meeting***

Directors

Kristen Kerr, Community Action of Wayne/Medina; Amy Esser, Mercer County Head Start

- Finding our JOY
- Federal Monitoring
- Discussion with Collaboration Office – What's Next? *Lori Jones Perkins, Head Start Collaboration Director*
- Succession Planning

Education

Therese Hunt, Butler Co. ESC; Bethany Lapp, Child Focus Inc; Michele Delph, CAC of Erie, Huron & Richland Counties

- Adult Learning Principles—Effective presenting in training
- ECLKC Resources and In-Service Suite to expand into your own trainings
- Discuss the updated Head Start Performance Standards

Early Head Start & Family Community Partnerships

****Both COLs will be together for the session***

EHS: Jeanine Bensman, Council on Rural Services; Angie Kisor-Bridges, Ironton-Lawrence County CAO; Cristi Jackson, Lancaster-Fairfield Community Action

FCP: Nicole Shetterly, Toledo Public Schools; Aaron McFann, Ironton-Lawrence County CAO; Amy Hawley, Council on Rural Services

- Mock Parent Meeting/Parent Engagement
- Recruitment & Social Media Marketing
- Discuss the updated Head Start Performance Standards

Fiscal

Judy Koogler and Dan Schwanitz, Council on Rural Services

- Discuss the updated Head Start Performance Standards
- Medical Insurance
- Property Appraisals
- End of 5-year Inventory

Health/ Mental Health/ Nutrition

Alice Marie Ohlin and Linda Fox, Akron Summit CAA; Brenda Bissett, Coshocton County Head Start; Angie Stephenson, Mercer County Head Start

- Apple Crunch
- Discuss the updated Head Start Performance Standards
- Review discussions
- CACFP Q&A

Human Resources

Carla Rodriguez, Lorain County CAA; Julie Mickley, Knox County Head Start

- Updated Head Start Performance Standards
- Department of Labor Salary Exemption

Parents

Charis Davis, Dr. Sonya Ware, Andrea Fleming and Alecia Murray, OPAN Alumni

We need your expertise! "I Have a Voice" Campaign!

Ohio Parent Advocacy Network (OPAN) is holding a listening session around what's working and not working around early childhood education at the state level. What are some solutions that can fix these issues? We need to hear from our parents! *This will be facilitated by OPAN alumni.*

Transportation

Heather Ratcliff, Ohio Heartland

- Recruitment for Head Start drivers
- Supervisors Supporting Staff--Share ideas and discuss with non-supervisors the supports they are looking for
- What's working and what are you looking to change?
- Discuss the updated Head Start Performance Standards and transportation

12:00 p.m. to 1:30 p.m. Luncheon in the Atrium

1:30 p.m. to 4:30 p.m.

Breakout Sessions / Community of Learners

****ChildPlus User Group will NOT be meeting at the October Meeting***

Disabilities Session

Alice Marie Ohlin, Community Action Akron-Summit; Therese Hunt, Butler Co. ESC

- Updated Head Start Performance Standards
- Interagency Agreements
- Referrals - internal
- Receiving data for outside referrals (from teachers, parents, etc....)
- Program Updates

Coaching/Professional Development Communities of Learners

Lynne Storar, MVCDC; Bethany Wenzel, Warren Co Community Services; Marie Vermeulen, LEADS Head Start

- TLC
- Lights, Camera, Action
- Updated Head Start Performance Standards

Leading with Purpose: The Five Actions of Serving Leadership

Kim Tice, Executive Director, Ohio AEYC

0.3 CEUs/submitted for 3 OA hours

Unlock the potential to lead with purpose and impact through this workshop featuring the work of Dr. John Stahl-Wert, founder of the Center for Serving Leadership. In this session, you'll explore the Five Actions of Serving Leadership™, a proven framework that has transformed leaders and organizations around the globe. Whether you're looking to refine your leadership style or make a significant impact in your organization, this workshop will provide you with the tools and knowledge to lead with greater clarity and effectiveness. Begin your journey to becoming a serving leader who inspires and elevates others.

Learning Outcomes

1. *Identify their program values and culture to see how their personal beliefs align or conflict with their organizational structure.*
2. *Explore strategies for evaluating your employees' strengths, better aligning those skills with your organization's mission, and delegation tools for removing barriers.*
3. *Explore and identify strategies to support early childhood professionals' skill-building to successfully support the program, the children, and the families.*

Stress First Aid: Intervening & Identifying Before Stress Becomes Too Much

Rachael Bardnell, Nationwide Children's Hospital

0.3 CEUs

Stress First Aid is a trauma informed peer support tool for staff in high stress occupations. It has been adapted by multiple occupations and most recently for healthcare workers through the Schwartz Center for Compassionate Healthcare and the National Center of PTSD. This model is for anyone who experiences stress and is a highly adaptable program to fit your needs and your teams. This session will focus on identifying stress for yourself, helpful self-care strategies and plans, and additionally how to support your peers during difficult times.

Learning Outcomes

1. *Understand the effectiveness of peer support and how it supports retention and mental health*
2. *Use the Stress First Aid Continuum Model to assess stress levels*
3. *Identifying when to intervene when stress becomes unhealthy*
4. *Evaluate your own self-care strategies and creating a preventative plan for your mental health*
5. *Demonstrate how to use Stress First Aid when supporting a peer*

Serving Children and Families Experiencing Homelessness

Aubre Jones, Coalition on Homelessness and Housing in Ohio

0.3 CEUs

1.2 million children under 6 years old in the United States experience homelessness every year. As an early care and education program provider, you may already be serving families with young children who are experiencing homelessness or who are at risk for homelessness. You play an important role in identifying, supporting, and connecting these families to resources that can help keep them healthy.

Preventing family homelessness can help improve the health and well-being of children and families and can help them avoid long-term consequences. Meeting families where they are, is key to a comprehensive approach to stabilizing families at imminent risk of homelessness. Housing stabilization for families is community-wide response, quickly connecting families with the services and resources that prevent evictions and homelessness. Community service providers use housing problem solving, linkage for immediate needs, referrals for rental assistance, and assistance with identifying longer-term supports and resources. The goal is to reduce evictions and literal homelessness.

Learning Outcomes

1. *Describe how the homeless crisis response system is organized, how people access assistance, what different programs do, and who they serve.*
2. *Discuss the guiding principles of our systems and best practices in serving people experiencing homelessness.*
3. *Anticipate how homelessness impacts youth and young adults.*
4. *Explore the effects of Homelessness on Children's Health and Wellness*
5. *Facilitate Housing Problem-Solving 101: For People and Families At-Risk*

Friday, October 11th

8:00 a.m. Registration

9:00 a.m. to 12:00 p.m. Breakout Sessions

Special Session for Head Start Leaders

- **The Road to Implementation of the Revised Head Start Program Performance Standards**
This session for Head Start leaders will provide the opportunity to assess your progress toward compliance with the Office of Head Start's Final Rule, especially pertaining to the items that go into effect in October.
- **Dialogue with the Department of Children and Youth**
DCY Director Kara Wentz will provide updates on the progress of the Department, including Early Childhood programming and the road ahead for our work together.

Building Your Bounce: Strategies for Adult Resilience

Colleen Wallace, MS, OIMHP-III, ECMH-C and Katlin Carpenter, MSW, LISW-S

Nationwide Children's Hospital

0.3 CEUs/APPROVED for 3 OA hours

What fills your pitcher as you spend your day supervising and coaching staff, nurturing children and supporting families? Promoting your own 'protective factors' will keep you passionate and fulfilled in your work. Head Start professionals and supervisors will learn about adult protective factors and discover a simple formula to plan for your own resilience, giving you the opportunity to be the very best you.

Learning Outcomes

1. *Define resilience and understand its importance for early childhood professionals.*
2. *Define and identify risk factors and protective factors found in the environment, family and individual.*
3. *Describe the purpose of the Devereux Adult Resilience Survey (DARS) and identify the four adult protective factors included in the DARS.*

Enhancing Social Skills Through Literature:



Reducing Anxiety with Predictability

Karen Crabb, Speech Language Pathologist, Warren Co. ESC

0.3 CEUs

This training will help social workers, educators, prevention specialists, parents and therapists design interactions that engage children and staff/caregivers. We will provide you with practical applications that close the gap in self-regulation, and social interactions through predictability of the child's environment and social language with application in literature. Children are entering an educational setting with needs that look very different from those of 5 years ago. In a world where online interactions have become so popular, our children often struggle with in-person interactions. Come join us as we tackle this ever-developing challenge.

Learning Outcomes

1. Participants will state the importance of predictable structure to reduce anxiety and create visual supports to define spaces
2. Develop verbiage to highlight children's character strengths and demonstrate the understanding of social skill development using objective/consistent language
3. Demonstrate the use of social thinking language to proactively reinforce expected behavior
4. Model using descriptive language to communicate
5. Identify play as an important skill for our students to learn and practice social interaction and discuss the use of literature in developing social skills, modeling expected behaviors, and teaching social language

Moving Beyond Orientation, Onboarding New Head Start Staff

Lynne Storar, Miami Valley Child Development Centers

0.3 CEUs/*submitted for 3 OA hours*

Onboarding goes further than orientation paperwork; it serves as a comprehensive process of engaging the employee". During this session participants will examine the differences between new staff orientation and staff onboarding. We will explore various resources available on ECLKC and how to design a yearlong onboarding plan for any content area Head Start Staff.

Learning Outcomes

1. Participants will explore the differences between onboarding and orientation
2. Participants will learn to navigate ECLKC to determine resources for supporting onboarding.
3. Participants will practice designing a plan to onboard staff from various content areas.

12:00 p.m. to 2:30 p.m.

Lunch and General Session



DCY Updates and Remarks

Director Kara Wentz, Ohio Department of Children and Youth

Ant Toombs

Senior Playmaker Guide and Outreach Specialist

The Healing Power of Play and Optimism

Anthony (Ant) Toombs Sr. is the Senior Playmaker Guide and Outreach Specialist for The Life is Good Playmaker Project (LiGPP), a 501(c)(3) nonprofit organization with a mission to spread the power of optimism to help kids heal. Throughout his 15 years with LiGPP, Ant has partnered with thousands of Early Childhood professionals across the United States and Haiti to help create more safe, loving and joyful environments for kids to engage, connect, and explore. Ant, along with the entire LiGPP team believes that when children grow to see the good in themselves, the good in others and the good in their world - their social, emotional, and cognitive superpowers emerge. Today, Ant inspires audiences with true stories of how optimism can be harnessed to overcome adversity, and how ANYONE can cultivate a more optimistic disposition to insulate against toxic stress, connect more easily, and experience more joy.

Optimism is powerful. When human beings strengthen their ability to see and focus on the goodness and value in themselves, others, and the world around them, their social, emotional and cognitive superpowers emerge. Optimism, however, is fragile. Chronic stress, fear and overwhelming adversity can weaken and destroy our capacity for optimism. This inspiring presentation by Ant Toombs helps Early Childhood Professionals discover the power of optimism to create safe, loving, joyful, and engaging environments where kids can heal, grow and thrive. Using research, humor and personal stories from 30+ years of work with kids and their caretakers, Ant will share how practicing optimism can bring out the best in ourselves, our colleagues and our children.



These sessions are approved for IACET CEUs. IACET CEUs may count toward Ohio Approved credit. For more information about CEUs and OHSAI's Professional Development policies and practices, visit www.ohsai.org/professional-development-information/



Sessions submitted or approved for Ohio Approved hours will require participants OPIN # to be requested and your participation will be recorded in the Ohio Professional Registry after the session is completed.



Hotel reservation information - [Hotel Online reservation link](#)
Cutoff date for these rates is *Wednesday, September 18, 2024*